





TheRopesCourse.com











Build Rock Solid Teamwork **WITHOUT** wasting time and money on Training Classes & Guest Speakers.

We lead teams through outdoor problem solving challenges that help them practice: MUTUAL RESPECT, RESILIENCE, PLANNING, & EXECUTION



Honey Bear Farm

SCHOOLS



THE ROPES COUS Middle & High School Students

Colleges & Universities

Staff Training & Retreats

Rewards & Incentives

Conflict Resolution & Special Groups

BUSINESS

Staff Training & 1 Day Retreats

Conflict Resolution & Special Groups

Mentoring & Sponsorship Programs

SPORTS TEAMS

Pre-Season & Mid-Season Team Building

Championship & Post-Season Celebrations

SOCIAL GROUPS

Fraternities & Sororities Birthday Parties & Neighborhood Celebrations

Mentoring & Sponsorship Programs

Church Adults & Youth

Sample Schedule

8:45 am ARRIVAL & CHECK-IN

- 9:00 am WELCOME
- 9:15 am **INITIATIVE GAMES** Initiative games energize your team and promote engagement.
- 10:15 am LOW ROPES COURSE Mental & physical problem solving challenges that force your team into situations that cannot be completed unless the team works together.
- 12:00 pm LUNCH
- 11:45 am <u>CAPSTONE ACTIVITIES</u> Activities requiring your team to use all the skills they've practiced all day to achieve success.
- 12:45 pm **PROGRAM DEBRIEF**. Questions, guided discussion and feedback are used throughout the day. At the close of program, a final discussion helps your team transition their experience back to the real world.

1:00 pm END OF PROGRAM

Within 2 minutes our team was thinking outside of the box and working together without arguing and fighting."



DRESS FOR THE WEATHER!

Activities take place outside rain or shine.

KNOW BEFORE YOU GO!

Plan to arrive 30 minutes before your program starts.

Each participant needs to sign a waiver. Participants under 18 years old must have a legal guardian sign.

Each participant must wear closed heel and toe shoes & clothes they don't mind getting dirty/muddy.



